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| --- | --- | --- | --- | --- | --- | --- | --- |
| **INSTRUMENT** | **# of Items** | **SOURCE** | **REPORTER** | **AGE** | **COST** | **SCORING TECHNIQUE** | **RELIABILITY VALIDITY DATA** |
| Anxiety |  |  |  |  |  |  |  |
| Penn State Worry Questionnaire for Children (PSWQ-C) | 14 | <https://www.childfirst.ucla.edu/resources/>  Youth version available in 3 languages (English, Korean, Danish)  Pestle, S. L., Chorpita, B. F., & Schiffman, J. (2008). Psychometric properties of the Penn State Worry Questionnaire for children in a large clinical sample. *Journal of Clinical Child and Adolescent Psychology: The Official Journal for the Society of Clinical Child and Adolescent Psychology, American Psychological Association, Division 53*, *37*(2), 465–471. <https://doi.org/10.1080/15374410801955896>  Kang S-G, Shin J-H, Song S-W (2010) Reliability and validity of the Korean version of the Penn State Worry Questionnaire in primary school children. J Korean Med Sci 25:1210–1216. doi:10.3346/jkms.2010.25.8.1210 14.  Chorpita, B. F., Tracey, S. A., Brown, T. A., Collica, T. J., & Barlow, D. H. (1997). Assessment of worry in children and adolescents: An adaptation of the Penn State Worry Questionnaire. *Behaviour Research and Therapy*, *35*, 569–581. <https://doi.org/10.1016/S0005-7967(96)00116-7> | S | 7-17 | FREE | Hand score | **Internal Consistency**: .89 & .91  **Test-Retest**: .83 & .92  **Convergent Validity**: Good  Cross-culturally with populations in France, Denmark, Korea |
|  |  |  |  |  |  |  |  |
| Revised Children’s Anxiety and Depression Scale (RCADS) | 25 (Short)  47 | <https://www.childfirst.ucla.edu/resources/>  Available in 7 languages. Polish, Farsi, & Urdu are in development  Chorpita, B. F., Yim, L., Moffitt, C., Umemoto, L. A., & Francis, S. E. (2000). Assessment of symptoms of DSM-IV anxiety and depression in children: A revised child anxiety and depression scale. *Behavior Research and Therapy, 38*, 835–855. | S, P | 8-18 | FREE | Hand score  Online Scoring | **Internal Consistency:** 0.71-0.85  **Test-Retest:** 0.65-0.80 |
|  |  |  |  |  |  |  |  |
| Screen for Child Anxiety Related Emotion Disorders (SCARED) | 41 | <https://www.pediatricbipolar.pitt.edu/resources/instruments>  Available in 12 languages  Birmaher, B., Brent, D. A., Chiappetta, L., Bridge, J., Monga, S., & Baugher, M. (1999). Psychometric Properties of the Screen for Child Anxiety Related Emotional Disorders (SCARED): A Replication Study. *Journal of the American Academy of Child & Adolescent Psychiatry*, *38*(10), 1230–1236. <https://doi.org/10.1097/00004583-199910000-00011> | S, P | 8-18 | FREE | Hand score  (scoring matrix on instrument)  Online Scoring | **Internal Consistency**: 0.70 to .90  **Correlation b/t Parent Child**: p=.32 |
|  |  |  |  |  |  |  |  |
| Spence Children’s Anxiety Scale (SCAS) | 44  38 (Parent) | <http://www.scaswebsite.com>  https://psychology-tools.com/spence-children-anxiety-scale/  Available in 25 languages  <http://www.scaswebsite.com/docs/Ramme%20SCAS%20Psychomet%20evidence.pdf> | S, P | 7-19 | FREE | Hand score  Online Scoring | **Internal Consistency**: 0.87 to 0.94 for SCAS  0.86 to 0.93 for SCAS-P  **Test-Retest**: .60 (8-12 years old; 6-months)  .63 (12-14 years old; 12-weeks) |
| Depression |  |  |  |  |  |  |  |
| Center for Epidemiological Studies Depression Scale for Children (CES-DC) | 20 | <http://www.brightfutures.org/mentalhealth/pdf/professionals/bridges/ces_dc.pdf>  Betancourt, T., Scorza, P., Meyers-Ohki, S., Mushashi, C., Kayiteshonga, Y., Binagwaho, A., … Beardslee, W. R. (2012). New Research: Validating the Center for Epidemiological Studies Depression Scale for Children in Rwanda. *Journal of the American Academy of Child & Adolescent Psychiatry*, *51*, 1284–1292. <https://doi.org/10.1016/j.jaac.2012.09.003> | S | 6-17 | FREE | Hand score | **Internal Consistency:** .86  **Test-Retest:** .85 |
|  |  |  |  |  |  |  |  |
| Depression Self Rating Scale for Children (DSRSC) | 18 | <http://www.scalesandmeasures.net>  Birleson, P. (1981). The Validity of Depressive Disorder in Childhood and the Development of a Self-Rating Scale: A Research Report. *Journal of Child Psychology and Psychiatry and Allied Disciplines*, *22*(1), 73–88. | S | 8-14 | FREE | Hand score | **Internal Consistency:** .86  **Test-Retest:** .80 |
|  |  |  |  |  |  |  |  |
| Kutcher Adolescent Depression Scale (KADS-6 and KADS-11) | 6 | <https://psychology-tools.com/kutcher-adolescent-depression-scale/>  Online tool has 11 items  Paper version: both 6-item and 11-item  LeBlanc JC, Almudevar A, Brooks SJ, Kutcher S: Screening for Adolescent Depression: Comparison of the Kutcher Adolescent Depression Scale with the Beck Depression Inventory, Journal of Child and Adolescent Psychopharmacology, 2002 Summer; 12(2):113-26.  Sónia Quintão, Sónia David, Ricardo Gusmão, & Stanley Kutcher. (2015). Contribution to the validation of the Kutcher Adolescent Depression Scale (KADS-6) in a Portuguese population. *Psicologia: Reflexão e Crítica, Vol 28, Iss 2, Pp 313-321 (2015)*, (2), 313. <https://doi.org/10.1590/1678-7153.201528211> | S | 12-17 | FREE | Hand score  Online scoring tool | **Sensitivity**: 92%  **Specificity**: 71%  **Internal Consistency:** 0.74 to 0.80 |
|  |  |  |  |  |  |  |  |